

WEEKLY ACTIVITIES

FLORENCE SENIOR AND ACTIVITY CENTER
1570 KINGWOOD STREET
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www.florence-seniorcenter.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30am - 11:30am	9:00am - 10:00am	8:00am - 9:00am	9:00am - 10:00am		
	ACOUSTIC MUSIC GROUP	QI GONG	REALTORS	QI GONG		
	dining room	card room	dining room	card room		
	10:00am - 11:00am	10:00am - 10:45am	9:30-TBD	10:00am - 10:45am	10:00am - 11:00am	
AVAILABLE	QI GONG	CHAIR EXERCISE	FSC Board Meeting	CHAIR EXERCISE	QI GONG	AVAILABLE
FOR RENT	card room	card room	2 nd Wednesday billiard room	card room	card room	FOR RENT
			10:00am - 12:00pm			
			CRIBBAGE			
			card room			
	10:00am - 11:30am	10:00am - 11:30am	10:00am - 11:30am	10:00am - 11:30am	10:00am - 11:30am	
	BILLIARDS	BILLIARDS	BILLIARDS	BILLIARDS	BILLIARDS	
	11:00am - 11:45pm	11:00am - 12:00pm	11:00am - 11:45pm	11:00am - 12:00pm	11:00am - 11:45pm	
	CAFÉ 60 MEALS	SINGING PINES	CAFÉ 60 MEALS	SINGING PINES	CAFÉ 60 MEALS	
	BY DONATION	CAFÉ \$8	BY DONATION	CAFÉ \$8	BY DONATION	
	11:30-3:30		12:00pm - 1:00pm	11:00am - 1:00pm	1:00pm - 2:00pm	
AVAILABLE	TRIPLE PLAY		NIA EXERCISE	BINGO SETUP	MS SUPPORT GROUP	AVAILABLE
FOR RENT	card room		card room	card room	2 nd Friday card room	FOR RENT
		12:30pm - 4:00pm		1:00pm - 4:00pm		
		PINOCHLE		MAH JONG		
		card room		card room		
	2:00pm - 3:30pm	1:30pm - 3:30pm	2:00pm - 3:30pm	12:30pm - 4:00pm	1:00pm - 3:00pm	
	YOGA	LINE DANCING	YOGA	BINGO	ACOUSTIC MUSIC GROUP	
	dining room	dining room	dining room	dining room	dining room	
	3:40pm - 5:40pm		3:40pm - 5:40pm	4:30pm - 6:00pm		
	ADVANCED YOGA		ADVANCED YOGA	LINE DANCING		
	card room		card room	dining room		
				6:15pm - 7:45pm		
				FOLK DANCING		
				dining room		

Caregiver Bridge- Open Tuesday - Wednesday - Thursday for registered participants only. Application is required.
10:00am - 2:00pm 541-590-3055

07/23/26 dmw