

FLORENCE SENIOR AND ACTIVITY CENTER

1570 KINGWOOD STREET

FLORENCE, OR 97439 541-997-8844

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WEEKLY ACTIVITIES

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------|-----------------------------|-----------------------|---------------------------|-----------------------|-----------------------------|-----------|
| | 9:30am - 11:30am | 9:00am - 10:00am | 8:00am - 9:00am | 9:00am - 10:00am | | |
| | ACOUSTIC MUSIC GROUP | QI GONG | REALTORS | QI GONG | | |
| | dining room | card room | dining room | card room | | |
| | | | | | | |
| | 10:00am - 11:00am | 10:00am - 10:45am | 9:30-TBD | 10:00am - 10:45am | 10:00am - 11:00am | |
| AVAILABLE | QI GONG | CHAIR EXERCISE | FSC Board Meeting | CHAIR EXERCISE | QI GONG | AVAILABLE |
| FOR RENT | card room | card room | 2 nd Wednesday | card room | card room | FOR RENT |
| | | | MemCare room | | | |
| | | | | | | |
| | | | 10:00am - 12:00pm | | | |
| | | | CRIBBAGE | | | |
| | | | card room | | | |
| | 10:00am - 11:30am | 10:00am - 11:30am | 10:00am - 11:30am | 10:00am - 11:30am | 10:00am - 11:30am | |
| | BILLIARDS | BILLIARDS | BILLIARDS | BILLIARDS | BILLIARDS | |
| | | | | | | |
| | 11:00am - 11:45am | 11:00am - 12:00pm | 11:00am - 11:45am | 11:00am - 12:00pm | 11:00am - 11:45am | |
| | CAFÉ 60 MEALS | SINGING PINES | CAFÉ 60 MEALS | SINGING PINES | CAFÉ 60 MEALS | |
| | BY DONATION | CAFÉ \$8 | BY DONATION | CAFÉ \$8 | BY DONATION | |
| | | | | | | |
| | 12:00pm - 4:00pm | 12:00pm - 4:00pm | 12:00pm - 1:00pm | 11:00am - 1:00pm | 1:00pm - 2:00pm | |
| AVAILABLE | TRIPLE PLAY | POKER | NIA EXERCISE | BINGO SETUP | MS SUPPORT GROUP | AVAILABLE |
| FOR RENT | card room | billiard room | card room | card room | 2 nd Friday | FOR RENT |
| | | | | | card room | |
| | | 12:30pm - 4:00pm | 1:00pm - 3:00pm | 1:00pm - 4:00pm | | |
| | | PINOCHLE | SENIOR MUSICIANS | MAH JONG | | |
| | | card room | every other week | card room | | |
| | | | card room | | | |
| | | | | | | |
| | 2:00pm - 3:30pm | 1:30pm - 3:30pm | 2:00pm - 3:30pm | 12:30pm - 4:00pm | 1:00pm - 3:00pm | |
| | YOGA | LINE DANCING | YOGA | BINGO | ACOUSTIC MUSIC GROUP | |
| | dining room | dining room | dining room | dining room | dining room | |
| | | | | | | |
| | 3:45pm - 5:15pm | | 3:45pm - 5:15pm | 4:30pm - 6:30pm | | |
| | ADVANCED YOGA | | ADVANCED YOGA | LINE DANCING | | |
| | dining room | | dining room | dining room | | |
| | | | | 6:30pm - 8:30pm | | |
| | | | | FOLK DANCING | | |
| | | | | dining room | | |
| | rev. 11.18.2025 | | | | | |