

FLORENCE SENIOR AND ACTIVITY CENTER

1570 KINGWOOD STREET

FLORENCE, OR 97439 541-997-8844

email: seniorcenter@oregonfast.net

WEEKLY ACTIVITIES

www.florenceseniorcenter.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30am - 11:30am	9:00am - 10:00am	8:00am - 9:00am	9:00am - 10:00am		
	ACOUSTIC MUSIC GROUP	QI GONG	REALTORS	QI GONG		
	dining room	card room	dining room	card room		
	10:00am - 11:00am	10:00am - 10:45am	9:30-TBD	10:00am - 10:45am	10:00am - 11:00am	
AVAILABLE	QI GONG	CHAIR EXERCISE	FSC Board Meeting	CHAIR EXERCISE	QI GONG	AVAILABLE
FOR RENT	card room	card room	2 nd Wednesday	card room	card room	FOR RENT
			MemCare room			
			10:00am - 12:00pm			
			CRIBBAGE			
			card room			
	10:00am - 11:30am	10:00am - 11:30am	10:00am - 11:30am	10:00am - 11:30am	10:00am - 11:30am	
	BILLIARDS	BILLIARDS	BILLIARDS	BILLIARDS	BILLIARDS	
	11:15am - 1:00pm	11:00am - 12:00pm	11:15am – 1:00pm	11:00am - 12:00pm	11:15am - 1:00pm	
	CAFÉ 60 MEALS	SINGING PINES	CAFÉ 60 MEALS	SINGING PINES	CAFÉ 60 MEALS*	
	BY DONATION	CAFÉ \$8	BY DONATION	CAFÉ \$8	BY DONATION	
	12:00pm - 4:00pm	12:00pm - 4:00pm	12:00pm - 1:00pm	11:00am - 1:00pm	1:00pm - 2:00pm	
AVAILABLE	TRIPLE PLAY	POKER	NIA EXERCISE	BINGO SETUP	MS SUPPORT GROUP	AVAILABLE
FOR RENT	card room	billiard room	card room	card room	2 nd Friday	FOR RENT
					card room	
		12:30pm - 4:00pm	1:00pm - 3:00pm	1:00pm - 4:00pm		
		PINOCHLE	SENIOR MUSICIANS	MAH JONG		
		card room	every other week	card room		
			card room			
	2:00pm -3:30pm	1:30pm - 3:30pm	2:00pm -3:30pm	12:30pm - 4:00pm	1:00pm - 3:00pm	
	YOGA	LINE DANCING	YOGA	BINGO	ACOUSTIC MUSIC GROUP	
	dining room	dining room	dining room	dining room	dining room	
	3:45pm - 5:15pm		3:45pm - 5:15pm	4:30pm - 6:30pm		
	ADVANCED YOGA		ADVANCED YOGA	LINE DANCING		
	dining room		dining room	dining room		
				6:30pm - 8:30pm		
				FOLK DANCING		
				dining room		lw 7/15/25

Memory Care Respite Open Tuesday and Thursday

*Singing Pines Café every 3rd Friday

10:00am - 2:00pm 541-590-3055